

Questions?

Ideas?

Concerns?



Thoughts about your
Health Care?

**For more information please
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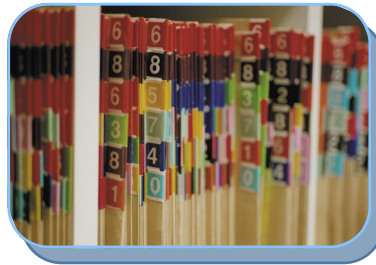
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Health Care Mentorship Program



Philadelphia Coordinated Health Care
A Core Program of



Purpose of the Program

A Health Care Mentorship Program has been developed to support people with Intellectual Disability (ID) to be more actively involved in taking control of their health care needs.



Each person involved in the mentorship program will work with a PCHC Nurse to design a support plan that includes education about their personal health issues.



The mentor will work with the person to reach a level of comfort and understanding, helping the person toward more control of their health care.

What can your PCHC Health Care mentor do?

- Explain preventive health care
- Provide information on medical conditions
- Explain diagnoses and how to prevent complications
- Explain behavioral health diagnoses/symptoms
- Explain medications and side effects
- Aid in planning medical appointments
- Assist in developing medical record keeping system
- Answer questions about men's health/women's health
- Assist with insurance issues
- Talk about the importance of community safety
- Discuss any concerns regarding health and wellness