



End of Life Planning *Resources and Guidance*

Education

After: After a Person Dies/Coping with the Grief and Loss

The Geese and the Peanut Butter Chocolate Ice Cream: The Grieving Gifts to the Lexington Street Community

<http://rwjms.umdni.edu/boggscenter/products/documents/GRIEFRESOURCE.pdf>

This is a resource to help individuals with developmental disabilities and people who support them grieve the death of loved ones. It was written by Melody A. Steinman and illustrated by Pat Schosser and sponsored by the Elizabeth M. Boggs Center on Developmental Disabilities and the Robert Wood Johnson Medical School.

A LifeCare® Guide to Grief and Bereavement

<http://www.foh.dhhs.gov/NYCU/grief.pdf>

This publication gives information on grief and bereavement so that people may be able to better cope during the difficult time of a death and thereafter.

A LifeCare® Guide to Helping Others Cope with Grief

<http://www.foh.dhhs.gov/NYCU/copingtips.pdf>

This publication gives suggestions on how to support someone who is grieving.

Losing Papou (book)

<http://losingpapou.com/cart/index.php>

This is a book written for children to help them understand the death of someone dear to them. While adults with intellectual disability are not children, some of the concepts in the book may be easier to understand.

Mental Retardation and Grief following a Death Loss

<http://www.arcofkingcounty.org/guide/library/arcgrief.pdf>

This is a booklet produced in 1998 by the ARC of the United States for families and caregivers to help people with Intellectual Disability through the loss and grief associated with death.

Supporting People with Disabilities Coping with Grief and Loss

<http://www.scopevic.org.au/index.php/cms/frontend/resource/id/130>

This is an easy to read booklet with illustrations that was designed to help the person with intellectual disability deal with grief and loss. It has two sections – the first section is for the person with intellectual disability and the second section is for family or caregivers.

Tear Soup: A Recipe for Healing After Loss

<http://www.griefwatch.com/tear-soup-home.html>

This is a book and resource for those who have suffered a loss and an education tool for those who have not suffered a loss.

When You Are At a Loss After a Loss

<http://www.thefamilyhelpnetwork.ca/wp-content/uploads/2013/03/Grief-article.pdf>

This is an article from The Direct Support Worker Newsletter (Volume 1: Issue 5) written by Amanda Gee and Dave Hingsburger from the Vita Community Living Services Clinical Team. It discusses how people have a tendency to protect those with I/DD from grief.