



End of Life Planning

Resources and Guidance

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National

Caring at the End of Life

http://aaid.org/content_170.cfm?navID=31

This is a Position Statement prepared by AAIDD – the American Association on Intellectual and Developmental Disabilities. AAIDD is the oldest and largest organization of professionals and citizens concerned about intellectual and developmental disabilities. Their position statements state the Association's position on important issues related to intellectual and developmental disabilities practice, policy, or research.

Consumer's Tool Kit for Health Care Advance Planning, Second Edition

American Bar Association Commission on Law and Aging

http://www.americanbar.org/groups/law_aging/resources/consumer_s_toolkit_for_health_care_advance_planning.html

This tool kit provides a variety of “tools” that are user-friendly. While it does not create a formal advance directive for you, it can help people discover and communicate what is important to them when faced with serious illness.

There are 10 “Tools” which are listed below:

- Tool #1** How to Select Your Health Care Agent or Proxy
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool1.authcheckdam.pdf>
- Tool #2** Are Some Conditions Worse than Death?
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool2.authcheckdam.pdf>
- Tool #3** How Do You Weigh Odds Of Survival?
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool3.authcheckdam.pdf>
- Tool #4** Personal Priorities And Spiritual Values Important To Your Medical Decisions
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool4.authcheckdam.pdf>
- Tool #5** After Death Decisions To Think About Now
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool5.authcheckdam.pdf>
- Tool #6** Conversation Scripts: Getting Past The Resistance
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool6.authcheckdam.pdf>

- [Tool #7](#) The Proxy Quiz For Family & Physician
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool7.authcheckdam.pdf>
- [Tool #8](#) What To Do After Signing Your Health Care Advance Directive
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool8.authcheckdam.pdf>
- [Tool #9](#) Guide For Health Care Proxies
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool9.authcheckdam.pdf>
- [Tool #10](#) Resources: Advance Planning For Health Care
<http://www.americanbar.org/content/dam/aba/migrated/aging/toolkit/tool10.authcheckdam.pdf>