



# End of Life Planning

## *Resources and Guidance*

### **Working with the Team**

#### **Team Toolkit for End of Life Planning**

##### **End of Life Planning: Understanding Death and Making a Plan**

<https://www.pchc.org/images/PDFs/Publications/End-Of-Life-Planning/EOL-Booklet-Individuals.pdf>

This booklet was devised in simplistic and concrete terms that review basic information relating to end of life topics of illness and dying and offering ways for individuals to communicate their particular end of life wishes to their friends, family and/or other support.

##### **Brochures: Understanding Death and End of Life Planning**

<http://www.pchc.org/images/PDFs/Publications/End-Of-Life-Planning/Brochure-Understanding-Death.pdf>

<http://www.pchc.org/images/PDFs/Publications/End-Of-Life-Planning/Brochure-End-of-Life-Planning.pdf>

These 2 brochures offer information to members of an individual's support team. The information is provided as a way to increase understanding and comfort in discussing this often difficult topic of End of Life with an individual.

Read about the roles of the support team which are outlined within the Planning brochure.

Both brochures include added resources for further information to the support team.

### **Algorithm for the Support Coordinator**

<http://www.pchc.org/images/PDFs/Publications/End-Of-Life-Planning/SC-tips-for ISP.pdf>

This simple tool offers directions for the support coordinator providing guidance to the support team while navigating through the end of life process.

### **Guidance for a Team Meeting**

<http://www.pchc.org/images/PDFs/Publications/End-Of-Life-Planning/Guidance-for-a-Team-Meeting.pdf>

This document provides the team leader with a template and suggestions for facilitating a team meeting for End of Life Planning.

### **Presentations: End of Life Planning**

A training presentation is available as a live presentation from a PCHC presenter and can be requested through PCHC using the training request form:

<http://www.pchc.org/education/request-a-training>

An online presentation entitled *End of Life: Physical Changes and Symptom Management During the Dying Process* is available. This presentation will help people recognize physical changes when someone with an end-stage condition is dying; understand why these physical changes occur; and integrate this information into an individualized plan for support.

<https://www.pchc.org/images/Education/Online-Trainings/Provider-Staff/EOL/index.html>

Both presentations have been developed as part of the resources generated by the End of Life Workgroup. It is intended for use by anyone supporting adults with Intellectual and Developmental Disabilities (I/DD) at the End of Life.