

**Goals of the Integrated Health Clinical Review**

- To enhance the overall quality of life for the person who has a dual diagnosis.
- To involve team members in the process of developing more effective strategies for the people they support.
- To give teams an opportunity to find new ways to think about and discuss the people they support who may be experiencing difficulties related to dual diagnosis.
- To provide a learning experience in getting to know and understand people receiving supports.
- To obtain clinical expertise to help guide effective treatment and support strategies.



*Philadelphia Coordinated  
Health Care*

*Please go to [www.pchc.org](http://www.pchc.org) for  
additional information regarding  
physical and behavioral health  
resources, supports, training,  
education and outreach.*



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Funding provided by Philadelphia Department of Behavioral Health/  
Intellectual disAbility Services, the Bucks, Chester, Delaware and Montgomery  
County Offices of Intellectual/Developmental Disabilities and the Office of  
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PMHCC

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**PCHC Integrated  
Health Clinical  
Review Process  
(Chester County)**



Philadelphia Coordinated Health Care  
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**Empowerment through  
education, SUPPORT and  
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## PCHC Integrated Health Clinical Review

The PCHC *Integrated Health Clinical Review* is a team process designed to identify, outline, strategize and generate interventions and recommendations to enhance and promote optimal physical health, psychiatric stability and strong positive environmental and behavioral changes.

Integrated Health Care is the concept that physical, emotional, psychological, social and environmental wellness are all equally important to the overall health and well-being of every individual. The PCHC *Integrated Health Clinical Review* strives to promote and provide an assessment of the WHOLE PERSON in order to achieve optimal outcomes.

PCHC *Integrated Health Clinical Reviews* are generally requested when teams are struggling in providing support to a person who has a dual diagnosis of an intellectual disability and a mental health challenge or if the person being supported is presenting challenging behaviors. The guiding principle behind the PCHC *Integrated Health Clinical Review* process is team collaboration to promote Recovery oriented and trauma-informed strategies as well as total physical, psychiatric and emotional wellness.

**The PCHC *Integrated Health Clinical Review* will not address:**

- 1) Recommendations for placements
- 2) Recommendations for staffing ratios

### **Integrated Health Clinical Review Process:**

**Step 1:** The person and/or his/her team completes the PCHC Team Agreement Form.

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**Step 2:** A PCHC Nurse schedules with the team and completes a Community Health Review which is a detailed review of current health issues and past medical history.

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**Step 3:** The PCHC Nurse provides a report of findings and recommendations to a designated team member.

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**Step 4:** If the team and PCHC Nurse feel that the individual could benefit from further review, the Nurse then refers the individual for a more extensive review to include psychiatry and behavioral consultation.

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**Step 5: While all necessary documentation is gathered, it is the expectation that the team will follow-up on all of the recommendations outlined in the PCHC Community Health Review BEFORE meeting with the PCHC Behavioral Health Team.**

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**Step 6:** The PCHC Dual Diagnosis Specialist will contact the team to conduct an Environmental Observation at the person's home or at the person's day activities.

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**Step 7:** The team will meet with the PCHC Behavioral Health Team (Psychiatrist and Dual Diagnosis Specialist) as well as the Nurse who conducted the original Community Health Review and the Integrated Health Systems Navigator. At this review, the outcomes from the Community Health Review recommendations will be discussed. The Behavioral Health Team will provide additional recommendations pertaining to psychiatric and environmental/behavioral concerns.

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**Step 8:** The team will receive technical assistance and initial follow-up on all recommendations by the PCHC Integrated Health Systems Navigator.

### **How Do I Request a Integrated Health Clinical Review in Chester County?**

In Chester County, all requests for are processed through the Chester County Office of MH/IDD.

Teams/families should contact:

**Bridget Thrash**  
**Intellectual Disability Deputy Administrator**  
**Email: [bthrash@chesco.org](mailto:bthrash@chesco.org)**  
**Phone: (610) 344-6089**

A meeting/phone call will then be scheduled between the team and the Chester County staff. The team will need to complete the PCHC Team Agreement Form which needs to be sent to PCHC for processing and scheduling of the Review. The Team Agreement Form can be located at [www.pchc.org](http://www.pchc.org)

The team will be asked to provide relevant documentation to PCHC prior to the Review. Documentation requested will include but is not limited to:

- Most recent ISP
- All reports from treating specialists
- Psychological and psychiatric evaluations
- Historical documentation from past providers
- Plan of Support/Behavior Support Plan and behavioral data
- Team Review Forms of Psychotropic Medication(s).
- Lifetime Medical History
- **List of all current medications.**
- Annual physical and labwork
- Hospital assessment and discharges
- PCHC *Family History Form*
- PCHC *Behavioral Health Information Form*