

You Are Not Alone

People are willing and ready to help you wherever you might be in Southeastern PA. Here is the resource. Take the first step.



For more information regarding what a certified peer specialist is, what they can do for you, and how to access one in your county, do not hesitate to visit our website:

www.pchc.org

Empowerment through

education, support and advocacy



Funding provided by Philadelphia Department of Behavioral Health/Intellectual disAbility Services, the Bucks, Chester, Delaware and Montgomery County Offices of Intellectual/Developmental Disabilities and the Office of Developmental Programs, Pennsylvania Department of Public Welfare

10-2012

How to Access Certified Peer Specialists in Southeastern PA



What is a Certified Peer Specialist?



While not meant to take the place of traditional medical care, a Certified Peer Specialist (CPS) can act as a support system for you on your own road to recovery. Trained CPSs self-identify as coping with mental health challenges and/or drug and alcohol abuse. They have made successful strides in recovery and are understanding of the challenges these experiences present. Your CPS will no doubt be passionate and capable to assist you in your decision to pursue a healthy life. CPSs have gone through specific training to assist in advocacy, crisis support, developing community roles, improving relationships, social networking, and general self-help/improvement. Certified Peer Specialists listen, and most importantly SUPPORT you, peer-to-peer.

Eligibility to receive a CPS: you must be 18+, a MA recipient (services are billed through Medicaid), have a serious mental illness causing moderate to severe functional impairment, be a resident of the county you seek services from, and carry a recommendation for a CPS given by a clinician (i.e. psychiatrist, psychologist, nurse, treating physician, or behavioral health professional).

You must also meet the federal definition of severe and persistent mental illness which is to “Currently or at any time during the past year have had a diagnosable mental, behavioral or emotional disorder.”

How to Access Certified Peer Specialists in Your County...

Access in Bucks County

Who To Contact

CENTRAL:
Lenape Valley Foundation
215-345-5300

UPPER:

Penn Foundation
215-257-2114 ext. 3

Mental Health Association
267-259-1294 (cell)



What you Need

- Date of Birth
- Social Security Number
- Contact number to reach you
- Information pertaining to your mental illness

Additional Information

Jane Straw in Upper Bucks County may help individuals complete the referral form. She will set an appointment with the potential CPS recipient during which she will use the Pennsylvania Functional Assessment tool to determine if the individual is experiencing moderate to severe impairment and if a CPS is the right course of action for the individual.

How to Access Certified Peer Specialists in Your County...

Access in Chester County

Who to Contact

Creative Health Services

610-326-2767
11 Robinson St, Pottstown, PA 19464

Fellowship Health Resources

610-415-9301
723 Wheatland St, Phoenixville, PA 19460

Human Services, Inc.

610-873-1010 ext. 118 or 610-873-1005
520 E Lancaster Ave, Downingtown, PA 19335

Penn Psychiatric Services

Phoenixville: 610-917-2200
601 Gay St #6, Phoenixville, PA 19460

What you Need

- Date of Birth
- Social Security Number
- Information pertaining to your mental illness

Additional Information

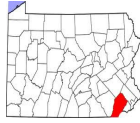
To begin the intake process:

- 1) Contact one of the above core providers
- 2) Go through an evaluation procedures with the provider to determine eligibility for the program they desire.

If you have any questions or problems accessing a CPS in Chester County, please contact Jeanette Easley for assistance.

Jeanette Easley

jeasley@chesco.org
610-344-6265
Adult Mental Health Clinical Services
Chester County Department of Mental Health/
Intellectual & Developmental Disabilities
601 Westtown Road, Suite 340
West Chester, PA 19380



How to Access Certified Peer Specialists in Your County...

Access in Delaware County

Who to Contact

Crozer Community Hospital

610-497-7360
2600 West Ninth Street 5th floor
Chester, PA 19013

Care Link Community Support Services

610-284-1908
NHS
800 Chester Pike
Sharon Hill, PA 19079

What you Need

- Date of Birth
- Social Security Number
- Contact number to reach you
- Information pertaining to your mental illness

Additional Information

Completing a referral form is the first step to attain CPS service. The form can be completed by anyone working with the individual. In addition to the information above, the form must include both the signature of the person to acknowledge consent and the signature of a practitioner of the healing arts.

Once the form is received, the assessor below will determine need and eligibility. Please submit all referrals directly to Jeff Elder via email or fax.

Jeff Elder

elderj@delcohsa.org
610-713-2226
Fax: 610-713-2378
Delaware County Office of Behavioral Health
20 S. 69th Street, 3rd floor
Upper Darby, PA 19082



How to Access Certified Peer Specialists in Your County...

Access in Montgomery County

Who to Contact

CENTRAL

Central Montgomery MH/MR Center

610-277-4600 ext. 162
1100 Powell Street
Norristown, PA 19401

WESTERN

Creative Health Services

484-941-0500
11 Robinson Street
Pottstown, PA 19464

What you need

- Date of Birth
- Social Security Number
- Contact number to reach you
- Information pertaining to your mental illness

Additional Information

Once a recommendation from a clinician is received, intake can begin. Intake consists of a needs assessment, goal plan, service agreements, and releases. Upon completion of this process a CPS will be sent from an agency closest to where you live. If you are unable to get service from one of the above core providers because you are not an MA recipient, please contact Maureen Feeny-Byrnes.

Maureen Feeny-Byrnes

MFeenyby@montcopa.org
610-278-3626 (office)
Behavioral Health/Developmental Disabilities
Montgomery County Human Services Center
1430 DeKalb Street
P.O. Box 311
Norristown, PA 19404-0311



How to Access Certified Peer Specialists in Your County...

Access in Philadelphia County

Who to Contact

Partners in Recovery

215-895-5697
deanna_purnell@elywn.org
Elwyn Inc.
4040 Market St.
Philadelphia PA. 19104

PeerNet

267-507-3886
Mental Health Association of
Southeastern Pennsylvania
2709 N. Broad Street
Philadelphia, PA 19132

What you Need

- Date of Birth
- Social Security Number
- Contact number to reach you
- Information pertaining to your mental illness

Additional Information

If the individual does not have a recommendation from a clinician, Elwyn can provide this service. The paperwork consists of a consent for treatment, exchange of information agreement, clinical referral (if not already completed), a basic face sheet, and a recovery plan. If you have any problems accessing a CPS in Philadelphia County, please contact Yvette Pate.

Yvette Pate

ypate@mhasp.org
267-507-3886
PeerNet
Mental Health Association of
Southeastern Pennsylvania
2709 N. Broad Street
Philadelphia, PA 19132

