41st Annual Philadelphia Regional Conference on Developmental Disabilities

Friday, May 12, 2017
Registration deadline is Friday, April 28, 2017

Conference Registration Fees
Professionals ........................................... $50
CHOP Employees ................................... $25
Students and Family Members ........... $10

Registration will not be processed unless accompanied by full payment. Faxed registrations will be accepted for credit card payments only.

POSTER PRESENTATIONS
Imagine Different Coalition identifies children with disabilities who live in congregate care and helps them find community alternatives. The coalition welcomes new participants.

Liz Healy, Co-chair, Imagine Different Coalition

A Special Thank You to the Developmental Disabilities Conference Planning Committee Members

Children’s Hospital of Philadelphia is a pre-approved provider of continuing education credits for Pennsylvania Licensed Social Workers, Marriage and Family Therapists, and Professional Counselors. Participants licensed in Pennsylvania who attend the full workshop and complete the required evaluation are eligible for 5 Continuing Education Credits. Participants licensed in other states should check with local licensing boards to determine continuing education approval.

SERVICES FOR PEOPLE WITH DISABILITIES
Participation by all individuals is encouraged. If arrangements are required for an individual with special needs to attend this meeting, please contact Bernadette Burton at burtonb@email.chop.edu or 215-590-6336.

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Workshop 1
10:00 – 11:30 a.m. Session 1
Telecommunication and AAC: Going Mobile! (Augmentative and Alternative Communication)
Presenters: Mary Citko, ODP, Southeast Regional Community of Practice and Family Network (Bucks, Montgomery, Chester, and Delaware counties) will present the Southeast Regional Community of Practice and Family Network’s (PRF) involvement in the Supporting Families National Community of Practice. Pennsylvania has joined the Supporting Families National Community of Practice.

Workshop 2
11:30 – 1:45 p.m. Session 1
Mindful Well-being: A Journey to Self-Care
This workshop will educate and provide individuals, families and staff with information, resources and tools to address self-care, prevent burnout and embody mindfulness. Interactions with the workshop facilitator will focus on promoting wellness, the importance of setting boundaries, how to perform a self-assessment and steps to improve mindfulness.

Workshop 3
2:00 – 3:15 p.m. Session 1
Achieving Self-directed Lives through Person-directed Supports and Services
This workshop will provide a “road map to mental health” for individuals who are dually diagnosed with an intellectual disability and mental illness. The presentation will address differentiating behaviors of concern from psychiatric symptoms, as well as navigating the mental health system. Participants will also receive concrete strategies to decrease behaviors of concern and achieve increased quality of life.

Workshop 4
3:15 p.m. Adjourn
Discussion: A Road Map to Mental Health
This workshop will provide a “road map to mental health” for individuals who are dually diagnosed with an intellectual disability and mental illness. The presentation will address differentiating behaviors of concern from psychiatric symptoms, as well as navigating the mental health system. Participants will also receive concrete strategies to decrease behaviors of concern and achieve increased quality of life.

Workshop 5
More From Our Keynote Speaker: How to Adapt Yoga for Children with Disabilities
This presentation will expand on some of the themes presented in the keynote address and will delve further into the adaptation of yoga for individuals with disabilities.

Workshop 6
EnActive Games: Custom Active Video Games (AVG) to Promote Health and Function in Children with Disabilities
This presentation includes videos, audio of AVG sessions with children with cerebral palsy (CP), and an AVG demonstration. The AVGs have flexible gameplay parameters to adjust game features (duration, speed, difficulty) to meet and challenge players to improve overall health, fitness and functional mobility while having fun.

Workshop 7
Health and Function in Children with Disabilities
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Workshop 8
Supporting Families throughout the Lifespan: Southeast Regional Community of Practice
Join Kerri Hanlon, co-founder of Yoga Home and creator of its Adaptive Yoga Program, and her son, Sean, and experience the benefits of yoga and mindfulness practices.

Workshop 9
Yoga and Mindfulness for All
This workshop will expand on some of the themes presented in the keynote address and will delve further into the adaptation of yoga for individuals with disabilities.

Workshop 10
Using Public Insurance to Get Services and Support You Need
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Workshop 11
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Workshop 12
Understanding Medical Assistance, CHIP, Waivers and the Affordable Care Act: Using Public Insurance to Get Services and Support You Need
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