Dual Diagnosis Treatment Team

The Dual Diagnosis Treatment Team (DDTT) is a recovery-oriented approach to supporting individuals who are diagnosed with serious and persistent mental illness and a developmental disability. This program offers a team approach to service coordination and treatment for individuals who have encountered challenges with more traditional treatment settings. Staff, the individuals and other supports work together using person-centered, recovery services to promote the principles of everyday lives with individuals, family members and the community.

Where are services provided?
Services are provided where the individual is at the time of need and may include the home, a local community setting such as a coffee shop, work place or NHS office.

Who is eligible for services?
• Must be 18 years of age or older
• Diagnosed with a major psychiatric disorder and present with an intellectual and/or developmental disability (IDD)
• Have experienced frequent interactions with crisis services and/or hospitalizations
• At-risk of losing current community housing and/or supports
• Require step down, transitional services back to the community from a higher level of care

Who provides DDTT services?
• Psychiatrist
• Pharmacist Consultant
• Behavioral Specialist
• Registered Nurse
• Program Director
• Recovery Coordinator

DDTT team members provide treatment, rehabilitation, and support services that are needed to help participants to become as independent as possible within their home community. DDTT services are individually tailored with the majority of clinical interventions provided in the participant’s home or community. Working together, the team provides a comprehensive and integrated program of psychosocial rehabilitation services through referral services in areas such as:

• Basic needs (e.g., food, housing, medical care) through referral and care coordination with local community agencies.
• Understanding their illness
• Symptom/medication management
• Self-care
• Activities of daily living
• Social and interpersonal relationships,
• Structuring time
• Employment
• Developing a network of community supports/linkages to maintain participants in the least restrictive environment.

DDTT staff are available to the participants weekdays, evenings, weekends, and holidays in addition to 24 hours a day, 7 days per week on-call services.

ABOUT NHS

With a rich tradition spanning more than 45 years, NHS Human Services is at the forefront of providing care and services to people with special needs. Today NHS, through its subsidiaries, is the largest community-based, non-profit human services organization in the country. More than 10,500 staff provide care to 40,000 adults and children throughout multiple states. NHS has developed a unique continuum of care providing services in the areas of mental health, addictive diseases, education, juvenile justice, foster care and permanency, autism, intellectual and developmental disabilities and many more specialized programs.