



Philadelphia Coordinated Health Care  
a core program of PMHCC, Inc.

Empowerment through  
education, **support** and advocacy

## “Fatal Four” Medical Conditions Resources

### **Aspiration-Choking**

Eating, Drinking and Swallowing Checklist

<https://www.pchc.org/images/PDFs/Forms/Swallowing-Check-List.pdf>

Meal Profile (page 20 in the Dysphagia Resource Directory)

<https://www.pchc.org/images/PDFs/Publications/Physical-Health/Dysphagia-Resource-Directory.pdf>

ODP Choking Health Alert

[https://www.pchc.org/images/PDFs/Advocacy/ODP/Alerts/2018/Reissue\\_Health\\_Alert-Choking\\_A\\_Medical\\_Emergency\\_081418.pdf](https://www.pchc.org/images/PDFs/Advocacy/ODP/Alerts/2018/Reissue_Health_Alert-Choking_A_Medical_Emergency_081418.pdf)

Health Promotion Activity Plan – Dysphagia

<https://www.pchc.org/images/PDFs/HPAPs/Dysphagia.pdf>

Dysphagia: Considerations for Risk Management

<https://www.pchc.org/images/PDFs/Forms/RM%20Tool%20Dysphagia.pdf>

PCHC Online Training—Dysphagia

<https://www.pchc.org/education/online-trainings/provider-staff>

PCHC Dysphagia Resource Directory

<https://www.pchc.org/images/PDFs/Publications/Physical-Health/Dysphagia-Resource-Directory.pdf>

Swallowing Guidelines Form (handout)

### **Constipation-Bowel Obstruction**

Bowel Movement Record

<https://www.pchc.org/images/PDFs/Forms/HIRS-Appendix-Forms/Bowel-Movement-Record-Form.pdf>

Health Promotion Activity Plan – Constipation

<https://www.pchc.org/images/PDFs/HPAPs/Constipation,%20Chronic.pdf>

PCHC Online Training - Constipation

<https://www.pchc.org/education/online-trainings/provider-staff>

Sample Constipation Protocol (handout)

### **Dehydration**

Dehydration Fact Sheet

<https://www.dshs.wa.gov/sites/default/files/DDA/dda/documents/Dehydration.pdf>

### **Seizures**

Documentation for Seizures

<https://www.pchc.org/images/PDFs/Forms/HIRS-Appendix-Forms/Seizure-Chart-and-Annual-Seizure-Summary-Forms.pdf>

Health Promotion Activity Plan – Seizure Disorder

<https://www.pchc.org/images/PDFs/HPAPs/Seizure%20Disorder.pdf>

Sample Seizure Protocol (handout)

### **Other**

ODP Health Alert - Call 911 in a Medical Emergency

<https://www.pchc.org/images/PDFs/Advocacy/ODP/Alerts/2018/HEALTH+ALERT+911+Medical+Emergency+1.4.15a.pdf>



Learn more at [www.pchc.org](http://www.pchc.org)