

## Health Promotion Activities Plan

**\*\*This sample is to assist you in developing a health promotion activity plan. It is not intended to replace medical advice. Any instructions given by the physician regarding this diagnosis must be included.**

Name of Individual:

Health Concern/Issue * (Diagnosis)	HEPATITIS A, B, C, D, E
Related Body System	Vision      Respiratory      Lymphatic      Dental      Hearing <b>Digestive</b> Integumentary (Skin) Endocrine      Cardiovascular      Nervous      Musculoskeletal      Genitourinary      Blood
What is it? (Provide definition)	Various viruses that affect the liver; the liver becomes enlarged and does function well. The virus types vary in how they are spread and the course of the illness.
Signs and Symptoms (general)	Tiredness (fatigue), nausea, fever, decreased appetite, stomach pain, diarrhea and vomiting. May have dark colored urine, light-colored stools and jaundice (yellowish eyes and skin). Some people have no symptoms.
Signs and Symptoms (specific to the person)	
Promotion/strategy support required * List very specific steps that the individual and/or caregivers use to support the person's health condition.  Include information about monitoring health status. Who is called for changes/problems in this person's health condition?  What is tracked, where it can be found, and who follows up on documentation required for this health condition?  Who provides what training for the person and staff about the health condition and when?	<p>Hepatitis A spread from food or water contaminated by feces (stool) from an infected person. Usually resolves on its own over several weeks. Hepatitis B spread through contact with infected blood or body fluids, through sex with infected person. Hepatitis C primarily spread through contact with infected blood, less commonly through sexual contact Hepatitis D through contact with infected blood or body fluids. Occurs only in people who are already infected with Hepatitis B. Hepatitis E spread through food or water contaminated by feces from an infected person.</p> <ul style="list-style-type: none"> <li>➤ <u>Watch (name of person) for signs and symptoms listed above and report immediately to (title of person in agency who is responsible to receive this information).</u></li> <li>➤ Give medication as ordered (see Medication Administration Record/Log). If a prn (as needed) medication is given, the result must be documented per agency policy.</li> <li>➤ <u>Include any specific instructions regarding this diagnosis from the treating physician.</u></li> <li>➤ Ensure that (name of person) receives diet recommended by physician (list diet here).</li> <li>➤ Documentation about this condition can be found in the medical record under (list section here).</li> <li>➤ Receive training regarding this diagnosis and plan of care (include when to notify the physician) by (title of person who provides medical training) at least (indicate frequency of training) or as changes occur. This should be documented for all staff in the home.</li> </ul>
Frequency of support *	<i>Fill in what physician (e.g. primary care physician, gastroenterologist, hepatologist) treats this condition and how often the person is seen.</i>
Desired outcome *	To recognize symptoms as soon as possible and obtain treatment.
Person/agency responsible *	<u>(Name of person)</u> , caregivers, agency nurse, primary care physician, <u>(specialist, if applicable)</u> <i>(The responsible parties may vary according to your agency; please place specific roles in this section. Some other examples might be health care coordinator, program specialist, house manager.)</i>

\* FIELDS FOUND IN THE HEALTH PROMOTION SECTION OF THE ISP