**Health Promotion Activities Plan**

**This sample is to assist you in developing a health promotion activity plan. It is not intended to replace medical advice. Any instructions given by the physician regarding this diagnosis must be included.**

Name of Individual: 

<table>
<thead>
<tr>
<th>Health Concern/Issue *</th>
<th>ECZEMA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Related Body System</td>
<td>Vision Resperatory Lymphatic Dental Hearing Digestive <strong>Integumentary (Skin)</strong> Endocrine</td>
</tr>
<tr>
<td>What is it? * (Provide definition)</td>
<td>A chronic skin disorder characterized by scaling, itchy rashes, and/or blisters.</td>
</tr>
<tr>
<td>Signs and Symptoms (general)</td>
<td>Itching, redness, oozing blisters, rashes, dry, leathery skin.</td>
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</tbody>
</table>

Promotion/strategy support required *

- Watch *(name of person)* for signs and symptoms listed above and report to *(title of person in agency who is responsible to receive this information)*.
- *(Include any specific instructions regarding this diagnosis from the treating physician)*. For example, special bathing instructions, etc.
- Give medication as ordered (see Medication Administration Record/Log). If a prn (as needed) medication is given, the result must be documented per agency policy.
- Documentation about this condition can be found in the medical record under *(list section here)*.
- Receive training regarding this diagnosis and plan of care (include when to notify the physician) by *(title of person who provides medical training)* at least *(indicate frequency of training)* or as changes occur. This should be documented for all staff in the home.

Frequency of support *

Fill in what physician (e.g. primary care physician, dermatologist) treats this condition and how often the person is seen.

Desired outcome *

Any new skin outbreaks will be treated promptly.

Person/agency responsible *

*(Name of person), caregivers, agency nurse, primary care physician, *(specialist, if applicable)*

*(The responsible parties may vary according to your agency; please place specific roles in this section. Some other examples might be health care coordinator, program specialist, house manager.)*

* FIELDS FOUND IN THE HEALTH PROMOTION SECTION OF THE ISP*