You can schedule any of our trainings listed by calling the Education Department at 215-546-0300 ext. 3206 or by filling out the Training Request Form located on our website at www.pchc.org and faxing it to 215-790-4976.
1. Anxiety Disorders
2. Assessment and Tracking of Mental Health Symptoms for People with Dual Diagnosis
3. Bi-Polar and Related Disorders (includes Depressive Disorders)
4. Bridging the GAP Between Physical and Behavioral Health Teams (for Nurses only)
5. Debriefing
6. Dual Diagnosis: Navigating the Mental Health System
7. Grief and Loss
8. Identifying People at Risk — for Supports Coordinators
9. Integrated Health and Dual Diagnosis
10. Intellectual Disabilities and Psychiatric Disorders (for Clinicians and Psychiatrists)
11. Obsessive-Compulsive and Related Disorders
12. Overview of Dual Diagnosis
13. Overview of Suicide
14. Personality Disorders
15. Psychiatric Discharge Planning
16. Role and Function of the Behavior Specialist
17. Schizophrenia Spectrum and Other Psychotic Disorders
18. Seasonal Depression
19. Substance Related and Addictive Disorders
20. Supporting an Individual with a Genetic Syndrome and Mental Health Challenges
21. Team Review Form of Psychotropic Medications
22. Team Tools to Optimize Behavioral Health Outcomes
23. Understanding Aggression
24. Understanding the PCHC Integrated Health Clinical Review Process

1. Bed Bugs
2. Community Safety for Individuals with I/DD
3. ER, Hospitalization & Discharge Planning
4. Family HIRS (Bilingual)
5. How to Write a Lifetime Medical History
6. Insurance 101
7. PCHC Overview
8. Personal Preparedness
9. Total Wellness: Physical, Mental and Social
10. Wheelchairs: Obtaining Durable Medical Equipment (DME)
11. Winter Safety
12. Working with People with I/DD
1. Introduction
   a. Dual Diagnosis in the U.S: Past, Present and Future
   b. Naming It: Mental Health Challenges and People with an Intellectual Disability

2. Physical Health and Intellectual/Developmental Disability
   a. Signs and Symptoms of Physical Illness
   b. Common Chronic Health Conditions
   c. Common Medications and Side Effects
   d. Overview of Syndromes
   e. Older Adults and Dual Diagnosis
   f. Communicating with the PCP and other Medical Specialists

3. Understanding Behavior
   a. Understanding Trauma-Informed Care and Stressful Life Events
   b. Target Symptoms of Mental Health Challenges versus Challenging Behavior
   c. Autism Spectrum Disorders

4. Mental Health and Intellectual/Developmental Disability
   a. Intellectual Disability and Psychiatric Disorders
   b. Communicating with the Psychiatrist

5. Everyday Lives and Recovery
   a. Mental Health Wellness and Recovery
   b. The Role of Everyday Lives and Recovery
   c. Mental Health Therapy and Dual Diagnosis
   d. Functional Behavior Assessment and Behavior Support Planning
   e. Psychotropic Medication
   f. Crisis Supports and Debriefing
   g. Stress Management for the Direct Support Professional

**All of the Curriculum Trainings will be presented in large group settings.**
Provider Staff

1. Bed Bugs
2. Challenging Behaviors
3. Communicating with the Psychiatrist
4. Constipation
5. Diabetes
6. Dysphagia
7. Emergency Preparedness
8. End of Life
9. Getting a Wheelchair
10. Health Promotion in the Aging Population I: An Overview of Aging in Adults with IDD
11. Health Promotion in the Aging Population II: An Overview of the Gastrointestinal System
12. Health Promotion in the Aging Population III: The Integumentary System
14. Hospitalization Admission & Planning
15. Insurance 101
16. Men's Health
17. Obsessive Compulsive Disorder (OCD)
18. Oral Hygiene
19. Prader-Willi Syndrome
20. Psychotropic Medications
21. Skin Health: Preventing Pressure Wounds
22. Stress Management
23. Team Review Form
24. Travel Safety
25. Understanding Aggression in Individuals With Dual-Diagnosis
26. Understanding Behavior as Communication

Individual and Families

1. Emergency Preparedness
2. Friendship
3. Understanding Mental Health Challenges
4. Summer Safety
5. Winter Safety
6. Preventing Falls
7. How to Be Safe When Using Social Media