

# Supporting Healthy Aging Across the Lifespan

## Resource List

- Aging and Down syndrome – A Health & Well-being Guidebook <http://www.thearc.org/document.doc?id=4489>
- Alzheimer’s Store <https://www.alzstore.com/>
- Alzheimer's Association <https://www.alz.org/>
- Greater Pennsylvania Chapter of the Alzheimer’s Association [www.alz.org/pa](http://www.alz.org/pa)
- Alzheimer’s Society: United Against Dementia (London, England)  
[https://www.alzheimers.org.uk/info/20007/types\\_of\\_dementia/37/learning\\_disabilities\\_and\\_dementia](https://www.alzheimers.org.uk/info/20007/types_of_dementia/37/learning_disabilities_and_dementia)
- American Association on Intellectual and Developmental Disabilities [www.aaid.org](http://www.aaid.org)
- American Geriatrics Society (AGS) 2015 Updated Beers Criteria  
<http://www.ospdocs.com/resources/uploads/files/Pocket%20Guide%20to%202015%20Beers%20Criteria.pdf>  
with information on AGS Alternative Medication List  
[http://www.healthinaging.org/files/documents/tipsheets/BeersAlternatives\\_2015.pdf](http://www.healthinaging.org/files/documents/tipsheets/BeersAlternatives_2015.pdf)
- American Pharmacy Association, “Get Your Medication Check-up”  
[https://www.pharmacist.com/sites/default/files/files/Get%20your%20Medication%20Check-Up%20-%20eng\\_0.pdf](https://www.pharmacist.com/sites/default/files/files/Get%20your%20Medication%20Check-Up%20-%20eng_0.pdf)
- Center for developmental Disabilities Evaluation and Research  
[http://shriver.umassmed.edu/cdder/aging\\_idd\\_education](http://shriver.umassmed.edu/cdder/aging_idd_education)
- Check for Safety: Home Fall Prevention Checklist for Older Adults  
[https://www.cdc.gov/homeandrecreationalafety/pubs/english/booklet\\_eng\\_desktop-a.pdf](https://www.cdc.gov/homeandrecreationalafety/pubs/english/booklet_eng_desktop-a.pdf)
- Early Detection Screen for Dementia (NTG-EDSD) <http://aadmd.org/ntg/screening>
- GEC: Older Adults and Technology Toolkit <http://epadgtec.jefferson.edu/pdfs/seniortechtoolkit.pdf>
- Jefferson Elder Care <http://www.jefferson.edu/university/health-professions/jefferson-elder-care.html>
- Learning (Intellectual) Disability and Dementia <http://www.learningdisabilityanddementia.org/>
- Charting the Life Course™ <http://www.lifecoursetools.com/examples/pennsylvania-charting-the-lifecourse-experiences-questions-booklet/>
- MiRage [mirage@dhs.county.allegheny.pa.us](mailto:mirage@dhs.county.allegheny.pa.us).
- National Down Syndrome Society (NDSS) <https://www.ndss.org/>
- National Task Group on Intellectual Disabilities and Dementia Practices (NTG) <https://aadmd.org/ntg>
- NTG Practice Guidelines <http://aadmd.org/ntg/practiceguidelines>
- NTG Training Curriculum <http://aadmd.org/NTG/training>
- PA Autism link: <http://www.paautism.org/>
- Philadelphia Coordinated Health Care <https://www.pchc.org/>

## Supporting Healthy Aging Across the Lifespan Resource List

- Philadelphia Coordinated Health Care, Health Promotion Activity Plans and Behavioral Health Promotion Activity Plans <https://www.pchc.org/resources/hpaps> <https://www.pchc.org/resources/behavioral-health-promotion-activity-plans>
- Vanderbilt Toolkit: Healthcare For Adults With Intellectual and Developmental Disabilities <https://vkc.mc.vanderbilt.edu/etoolkit/>

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