

Health Byte

March 2019



March is Endometriosis Awareness Month

Endometriosis affects over 176 million women worldwide; many are undiagnosed. The most common symptom of this condition is pelvic pain.

Learn more about endometriosis and take the symptom survey at The Endometriosis Association's website: <https://endometriosisassn.org/>

Philadelphia Coordinated Health Care (PCHC) encourages you to use this information to promote and maintain a healthy lifestyle for yourself or someone you support. Our past "Health Bytes" are located on the PCHC website at www.pchc.org.