



Philadelphia Coordinated Health Care  
A Core Program of



# Attention All Nurses!

## Save the Date—**JUNE 12, 2018**

THE PHILADELPHIA DEPARTMENT OF BEHAVIORAL HEALTH AND INTELLECTUAL disABILITY SERVICES (DBHIDS) & PCHC ARE HONORING OUR DEVELOPMENTAL DISABILITIES NURSES WITH A SPECIAL EVENT

A PRESENTATION WILL BE SPONSORED ON **AGING WITH IDD**. ELIZABETH (LIZ) PERKINS, PHD, RNLD, FAAIDD WILL BE THE GUEST SPEAKER. DR. PERKINS HAS A PHD IN AGING STUDIES AND A BA (SUMMA CUM LAUDE) IN PSYCHOLOGY. SHE IS AN RNLD, A REGISTERED NURSE FROM THE UNITED KINGDOM, WHERE SHE TRAINED SPECIFICALLY IN THE FIELD OF INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (IDD). SHE IS ALSO THE PRESIDENT-ELECT OF AAIDD AND WILL ASSUME THAT POSITION IN JUNE 2018.

**Training Summary:** This presentation will be an introduction to aging, demographic changes, universal physical changes and successful aging concepts. The impact of lifelong health disparities, and specific issues with Down syndrome, Autism Spectrum Disorder, and Cerebral Palsy will be presented. Caregiving issues and useful resources will be covered.

**Training Objectives:** Participants will be able to 1) describe the concept of successful aging and specific issues that impact the DD population; 2) identify challenges encountered by caregivers and what strategies can be utilized; and 3) become knowledgeable about resources that can help optimize the aging process.

**AS THE CREDENTIALING ENTITY IN DEVELOPMENTAL DISABILITIES NURSING CERTIFICATION, THE DEVELOPMENTAL DISABILITIES NURSES ASSOCIATION DOES HEREBY APPROVE THIS OFFERING FOR 3.0 CONTACT HOURS OF CONTINUING EDUCATION FOR DEVELOPMENTAL DISABILITIES NURSING CERTIFICATION.**

### LOCATION:

Hilton Philadelphia City Avenue  
4200 City Ave.  
Philadelphia, PA 19131

*(parking and lunch will be provided)*

### TIME:

10:00AM-2:00PM

**REGISTRATION WILL BE REQUIRED IN ORDER TO ATTEND THIS EVENT.**

**RSVP: CONTACT PATTY GRAVES – PGRAVES@PMHCC.ORG BY MAY 12, 2018**

Funding provided by Department of Behavioral Health and Intellectual disAbility Services, the Bucks, Chester, Delaware and Montgomery County Offices of Intellectual/Developmental Disability and the Office of Developmental Programs, Pennsylvania Department of Human Services.