POSITIONING GUIDELINES

SAFE POSITIONING DURING AND AFTER TUBE FEEDING
(Sitting upright at least 45 to 90 degrees)

IF THE PERSON DOES SIT OR RECLINE AT LESS THAN A 45 DEGREE ANGLE THERE IS A CHANCE THAT THE LIQUID FEED WILL COME UP OUT OF THEIR STOMACH INTO THEIR WIND PIPE. FROM THERE THE FEED CAN QUICKLY TRAVEL DOWN INTO THE PERSON’S LUNGS CAUSING ASPIRATION PNEUMONIA. ASPIRATION PNEUMONIA IS VERY DIFFICULT TO TREAT AND SADLY CAN RESULT IN DEATH.
POOR POSITIONING DURING AND AFTER TUBE FEEDING

In both of these pictures the person is lying at less than 45 degrees. This is incorrect and unsafe positioning. Always make sure the person is sitting at greater than 45 degrees.