

Health Promotion Activities Plan

****This sample is to assist you in developing a health promotion activity plan. It is not intended to replace medical advice. Any instructions given by the physician regarding this diagnosis must be included.**

Name of Individual:

Health Concern/Issue * (Diagnosis)	POSITIVE PPD (Also known as Mantoux or Tuberculin skin test)
Related Body System	Vision Respiratory Lymphatic Dental Hearing Digestive Integumentary (Skin) Endocrine Cardiovascular Nervous Musculoskeletal Genitourinary Blood
What is it? (Provide definition)	Positive reaction to a Mantoux test for tuberculosis showing previous exposure to tuberculosis.
Signs and Symptoms (general)	Red, raised area at injection site within 72 hours after injection.
Signs and Symptoms (specific to the person)	
Promotion/strategy support required * List very specific steps that the individual and/or caregivers use to support the person's health condition. Include information about monitoring health status. Who is called for changes/ problems in this person's health condition? What is tracked, where it can be found, and who follows up on documentation required for this health condition? Who provides what training for the person and staff about the health condition and when?	<ul style="list-style-type: none"> ➤ Watch <u>(name of person)</u> for signs or symptoms of tuberculosis (including night sweats, fever, unexplained weight loss, loss of appetite, fatigue, shortness of breath, coughing with bloody or discolored mucus) and report immediately to <u>(title of person in agency who is responsible to receive this information)</u>. ➤ No further PPD/Mantoux testing to be performed. ➤ Chest x-rays may be performed (frequency determined by physician). ➤ Documentation about this condition can be found in the medical record under <u>(list section here)</u>. ➤ Receive training regarding positive PPD and tuberculosis and plan of care (include when to notify the physician by <u>(title of person who provides medical training)</u> at least <u>(indicate frequency of training)</u> or as changes occur. This should be documented by all staff in the home.
Frequency of support *	<i>Fill in what physician (e.g. primary care physician, pulmonary specialist) evaluates this situation and how often the person is seen.</i>
Desired outcome *	To recognize symptoms as soon as possible to obtain treatment.
Person/agency responsible *	<u>(Name of person)</u> , caregivers, agency nurse, primary care physician, <u>(specialist, if applicable)</u> <i>(The responsible parties may vary according to your agency: please place specific roles in this section. Some other examples might be health care coordinator, program specialist, house manager.)</i>

* FIELDS FOUND IN THE HEALTH PROMOTION SECTION OF THE ISP