

Behavioral Health



1. Anxiety Disorders
2. Autism
3. Bipolar Disorder
4. Borderline Personality Disorder
5. Challenging Behaviors
6. Communicating with I/DD Support Teams
7. Communicating with the Psychiatrist
8. Crisis Management
9. Dementia (Including Alzheimer's)
10. Depression and I/DD
11. Dual Diagnosis Team Training
12. Framework for People with Complex Problems
13. Functional Behavioral Assessment
14. Grief & Loss
15. I/DD Overview for Psychiatric Inpatient Staff
16. Individual Treatments, Supports, and Habilitation
17. OCD (Obsessive Compulsive Disorder)
18. Overlapping Physical & Behavioral Health
19. Overview of Dual Diagnosis
20. Overview of Mental Health Disorders
21. People with I/DD and Mental Illness
22. Positive Approaches
23. Post-traumatic Stress Disorder
24. Psychopharmacology
25. Psychotropic Medication
26. Role and Function of the Behavior Specialist
27. Schizophrenia
28. Stress Management
29. Target Symptoms vs. Behaviors
30. Team Review Form of Psychotropic Medication
31. Team Tools to Optimize Behavioral Health Outcomes
32. Tourette Syndrome
33. Trauma

Community/Public Health



1. Biography
2. Building Supports
3. Case Study
4. Community Safety for Individuals with I/DD
5. End of Life Planning
6. ER, Hospitalization & Discharge Planning
7. Family HIRS
8. Great Supervisor Program (GSP)
9. Health Care Advocacy
10. Health/Wellness
11. HIRS: Health Information Recording System
12. Hospice Care
13. How to Write a Lifetime Medical History
14. Insurance 101
15. PCHC Overview
16. Personal Preparedness
17. Total Wellness: Physical, Mental and Social
18. Working with People with Developmental Disabilities

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PCHC

Training Topic Brochure



You can schedule any of our trainings listed by calling the Education Department at 215-546-0300 ext. 3206 or by filling out the Training Request Form located on our website at www.pchc.org and faxing it to 215-790-4976.

PCHC, the Southeast Regional Health Care Quality Unit, is a core program of PMHCC, Inc.

Physical Health

1. ABC's of Medical Monitoring
2. Aging
3. Allergies
4. Alzheimer's Disease
5. Aneurysms
6. Angelman's Syndrome
7. Antibiotic Resistant Bacteria
8. Arthritis
9. Asthma
10. Bloodborne Pathogens
11. Body Mechanics
12. Body Systems & Common Diagnoses
13. Breast Cancer
14. Breast Wellness
15. Bronchitis
16. Cancer Screening
17. Carbohydrates
18. Cardiovascular Disease
19. Cataracts and Glaucoma
20. Cerebrovascular Accident (CVA/Stroke)
21. Cholesterol
22. Citrullinemia
23. Colostomy Issues
24. Common Chronic Health Conditions
25. Common Medications & Side Effects
26. Congestive Heart Failure
27. Dehydration
28. Dementia
29. Development & Implementation of Health Promotion Activity Plans
30. Diabetes
31. Diabetes Complications and Renal Disease
32. Down Syndrome
33. Dysphagia
34. Eating Healthy
35. Emphysema
36. Endocrine Disorders
37. Falls
38. Feeding Tubes
39. Food Safety
40. Fragile X Syndrome
41. Gastrointestinal Disorders
42. Genetic Disorders
43. GERD (Gastro Esophageal Reflux Disease)
44. Gynecology Exam, What is it?
45. H. Pylori
46. Health Care Planning in the ISP
47. Health Promotion
48. Helpful Tips for Medication Administration
49. Hepatitis
50. Hydration
51. Hypertension
52. Infection Control
53. Infectious Disease
54. Interpreting Labs
55. Irritable Bowel Syndrome
56. Kidney Dysfunction
57. Laboratory Studies & Medication Monitoring
58. Lactose Intolerance
59. Lennox Gastaut Syndrome
60. Medical Decision Making
61. Medical Diets
62. Medical Equipment & Supplies
63. Medical Risk Management
64. Medical Terminology
65. Medication Safety
66. Men's Health Issues
67. Menopause
68. Menu Planning
69. Methicillin Resistant Staphylococcus Aureus (MRSA)
70. Nutrition
71. Obesity
72. Obtaining Durable Medical Equipment (DME)
73. Oral Hygiene
74. Organ Failure
75. Osteoporosis
76. Ostomy
77. Overview of Physical & Occupational Therapies
78. Overview of Syndromes
79. Pacemakers
80. Pain Assessment/Management
81. Pandemic Flu Preparedness
82. Parkinson's Disease
83. Personal Hygiene
84. Prader-Willi Syndrome
85. Pressure Ulcers
86. Prostate Cancer
87. Rare Disorders
88. Seizure Management
89. Seizures in Older Adults
90. Signs and Symptoms of Illness
91. Sleep Disorders
92. Strokes
93. Supporting People with Terminal Illness
94. Symptom Management
95. Therapeutic Drug Levels
96. Thyroid Disease
97. Tourette's Syndrome
98. Transfers & Positioning Overview
99. Transient Ischemic Attack (TIA)
100. Tuberculosis
101. Tuberos Sclerosis
102. Universal Precautions
103. Upper Respiratory Health
104. Urinary Tract Infections
105. Vagal Nerve Stimulation
106. Wheelchairs & Durable Medical Equipment
107. Women's Health Issues