



1. Anxiety Disorders
2. Autism
3. Bipolar Disorder
4. Borderline Personality Disorder
5. Challenging Behaviors
6. Communicating with the Psychiatrist
7. Crisis Management
8. Dementia (Including Alzheimer's)
9. Depression and I/DD
10. Functional Behavioral Assessment
11. Grief & Loss
12. I/DD Overview for Psychiatric Inpatient Staff
13. OCD (Obsessive Compulsive Disorder)
14. Overlapping Physical & Behavioral Health
15. Overview of Dual Diagnosis
16. Overview of Mental Health Disorders
17. People with I/DD and Mental Illness
18. Positive Approaches
19. Post-traumatic Stress Disorder
20. Psychotropic Medication
21. Role and Function of the Behavior Specialist
22. Schizophrenia
23. Stress Management
24. Target Symptoms vs. Behaviors
25. Team Review Form of Psychotropic Medication
26. Team Tools to Optimize Behavioral Health Outcomes
27. Trauma



1. Bed Bugs
2. Community Safety for Individuals with I/DD
3. End of Life Planning
4. ER, Hospitalization & Discharge Planning
5. Family HIRS (Bilingual)
6. Great Supervisor Program (GSP)[Regionally Only]
7. Hospice Care
8. How to Write a Lifetime Medical History
9. Insurance 101
10. Obtaining Durable Medical Equipment (DME)
11. PCHC Overview
12. Personal Preparedness
13. Total Wellness: Physical, Mental and Social
14. Wheelchairs
15. Working with People with I/DD

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PCHC

Training Topic Brochure



You can schedule any of our trainings listed by calling the Education Department at 215-546-0300 ext. 3206 or by filling out the Training Request Form located on our website at www.pchc.org and faxing it to 215-790-4976.

Physical Health

1. ABC's of Medical Monitoring
2. Aging
3. Allergies
4. Alzheimer's Disease
5. Aneurysms
6. Angelman's Syndrome
7. Antibiotic Resistant Bacteria
8. Arthritis
9. Asthma
10. Bloodborne Pathogens
11. Body Mechanics
12. Body Systems & Common Diagnoses
13. Breast Cancer
14. Breast Wellness
15. Bronchitis
16. Cancer Screening
17. Carbohydrates
18. Cardiovascular Disease
19. Cataracts and Glaucoma
20. Celiac Disease
21. Cerebral Palsy
22. Cerebrovascular Accident (CVA/Stroke)
23. Cholesterol
24. Circulatory Problems
25. Citrullinemia
26. Colostomy Issues
27. Common Chronic Health Conditions
28. Common Medications & Side Effects
29. Congestive Heart Failure
30. Dehydration
31. Dementia
32. Development & Implementation of Health Promotion Activity Plans
33. Diabetes
34. Diabetes Complications and Renal Disease
35. Down Syndrome
36. Dysphagia
37. Eating Healthy
38. Emphysema
39. Endocrine Disorders
40. Falls
41. Fetal Alcohol Syndrome
42. Feeding Tubes
43. Food Safety
44. Foot Conditions
45. Fragile X Syndrome
46. Gastrointestinal Disorders
47. Genetic Disorders
48. GERD (Gastro Esophageal Reflux Disease)
49. Gynecology Exam, What is it?
50. H. Pylori
51. Health Care Planning in the ISP
52. Health Promotion
53. Helpful Tips for Medication Administration
54. Hepatitis
55. Hydration
56. Hypertension
57. Infection Control
58. Infectious Disease
59. Interpreting Labs
60. Irritable Bowel Syndrome
61. Kidney Dysfunction
62. Lactose Intolerance
63. Lennox Gastaut Syndrome
64. Lyme Disease
65. Medical Decision Making
66. Medical Diets
67. Medical Equipment & Supplies
68. Medical Risk Management
69. Medical Terminology
70. Medication Safety
71. Men's Health Issues
72. Menopause
73. Menu Planning
74. Methicillin Resistant Staphylococcus Aureus (MRSA)
75. Nutrition
76. Obesity
77. Oral Hygiene
78. Organ Failure
79. Osteoporosis
80. Ostomy
81. Overview of Physical & Occupational Therapies
82. Overview of Syndromes
83. Pacemakers
84. Pain Assessment/Management
85. Pandemic Flu Preparedness
86. Parkinson's Disease
87. Personal Hygiene
88. Prader-Willi Syndrome
89. Pressure Ulcers
90. Prostate Cancer
91. Rare Disorders
92. Seizure Management
93. Shingles
94. Signs and Symptoms of Illness
95. Skin and Related Conditions
96. Skin Cancer
97. Sleep Disorders
98. Smith-Magenis Syndrome
99. Strokes
100. Supporting People with Terminal Illness
101. Symptom Management
102. Thyroid Disease
103. Tourette Syndrome
104. Transfers & Positioning Overview
105. Transient Ischemic Attack (TIA)
106. Tuberculosis
107. Tuberous Sclerosis
108. Standard/Universal Precautions
109. Upper Respiratory Health
110. Urinary Incontinence
111. Urinary Tract Infection
112. Vaccines
113. Vagal Nerve Stimulation
114. Visual Problems
115. Women's Health Issues
116. Winter Safety